



The UCD School of Psychology are proud to host

The Psychological Society of Ireland's Perinatal and Infant Mental Health Special Interest Group (PIMHSIG) inaugural conference and launch of their position paper:



“Mind the Gap” Integrating parents' and babies' mental health into practice

Friday 17th June 2016

E114 School of Psychology, Newman Building, UCD

This CPD conference brings together a number of leading practitioners in the area of perinatal and infant mental health, who will discuss how to incorporate the mental health of the parent and baby/infant into clinical practice. Focus will be given to a multi-disciplinary approach, working in an area of socio-economic complexity, with *YoungBallymun* an example of an innovative model of delivering services. This will be of interest to anyone who works clinically with parents and infants in the perinatal, postnatal and infancy periods e.g. Psychologists, Nurses, Midwives, Doctors, Social Workers, Allied Health Professionals and Childcare Practitioners. It will also be of interest to any parents and parents-to-be.

KEYNOTE SPEAKERS

Ms. Mary Fanning is the Integration Facilitator of the *Ready, Steady, Grow* programme, a speech and language therapist and Marte Meo therapist. She has practised as an infant mental health clinician with *YoungBallymun* since 2009. She provides a home visiting therapeutic service and coordinates the Ballymun Infant – Parent Mental Health Study Group, an interagency capacity building initiative.

Dr. Marian O'Flynn is a Senior Counselling Psychologist within the HSE who has worked closely with *YoungBallymun* in designing and delivering a service for 0-3s. Marian believes that evidence-based programmes that promote healthy parent-infant interactions are key to positive mental health for all. Marian delivers a significant psychological input into locally-run antenatal classes with an emphasis on social & emotional development and the importance of the parent-infant relationship.

Ms. Vera Hughes, SRN, SCM, BA Ed. is an Infant Parent Support Coordinator with the *Ballymun Youth Action Project* working with families where there are issues related to problem drug and/or alcohol use in the infant stages of the child's life. Vera worked previously as a midwife, a nurse and an adult educator.

Ms. Helen Shanley is a Clinical Psychologist who worked for many years internationally in the area of Perinatology. Helen has a particular interest in perinatal loss, pregnancy and the transition to parenthood.

TO BOOK A PLACE: Go to the PSI website www.psihq.ie and click on 'Events'

Cost: €10 PIMHSIG Members, €20 Non- Members

**Registration: 9.30am
Conference: 10.00am – 1.00pm**

Email perinatal@psihq.ie with any queries.

